



FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS




Port Isabel July | Julio 2024

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
7:00 A.M.		Water Zumba Port Isabel Municipal Pool	Water Zumba Port Isabel Municipal Pool	Water Zumba Port Isabel Municipal Pool	Water Zumba Port Isabel Municipal Pool	
8:00 A.M.	Zumba Roloff Park	Zumba Toning Roloff Park	Zumba Roloff Park	Zumba Toning Roloff Park	Zumba Roloff Park	
9:10 A.M.	Meditation Yoga LagunaVista South Texas Eco Tourism	Strength & Toning LagunaVista South Texas Eco Tourism	Meditation Yoga LagunaVista South Texas Eco Tourism	Strength & Toning LagunaVista South Texas Eco Tourism		
5:30 P.M.	Zumba (Port Isabel Community Center)	Zumba (Port Isabel Community Center)		Zumba (Port Isabel Community Center)		

Location / Ubicación:

- Port Isabel Municipal Public Pool** - 1802 3rd St, Port Isabel, TX 78578
- LagunaVista South Texas Eco-Tourism Center** - 501W TX-100, Laguna Vista, TX 78578
- Port Isabel Community Center** - 213 N Yturria St, Port Isabel, TX 78578
- Roloff Park** - 122 Fernandez St, Laguna Vista, TX 7857

In-person class

Port Isabel Tssc 
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