



FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS



Port Isabel February | Febrero 2024

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:30 A.M.	Zumba Roloff Park	Zumba Toning Roloff Park	Zumba Roloff Park	Zumba Toning Roloff Park	Zumba Roloff Park	
10:00 A.M.	Meditation Yoga LagunaVista South Texas Eco Tourism	Strength & Toning LagunaVista South Texas Eco Tourism	Meditation Yoga LagunaVista South Texas Eco Tourism	Strength & Toning LagunaVista South Texas Eco Tourism		
5:30 P.M.	Zumba (Port Isabel Community Center)	Zumba (Port Isabel Community Center)		Zumba (Port Isabel Community Center)		

Location / Ubicación:

LagunaVista South Texas Eco-Tourism Center - 501W TX-100, Laguna Vista, TX 78578

Port Isabel Community Center - 213 N Yturria St, Port Isabel, TX 78578

Roloff Park - 122 Fernandez St, Laguna Vista, TX 7857

In-person class

Port Isabel Tssc

Cecilia Zamora

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or (956)943-2682