



# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS



### Combes July | Julio 2024

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
9:30 A.M.		<b>Pilates Flow</b> Combes Community Center 30 Mins				
9:30 A.M.	<b>Zumba</b> Combes Community Center 30 Mins		<b>Zumba</b> Combes Community Center 30 Mins	<b>Zumba</b> Combes Community Center 30 Mins		
5:00 P.M.				<b>Stretch &amp; Tone</b> Combes Community Center		
5:15 P.M.	<b>Pilates</b> Combes Community Center		<b>Pilates</b> Combes Community Center			
6:00 P.M.	<b>Strength &amp; Tone</b> Combes Community Center 45 Mins	<b>Zumba</b> Combes Community Center	<b>Strength &amp; Tone</b> Combes Community Center 45 Mins			
6:00 P.M.	<b>Zumba Dance Fitness</b> (Orange Room)		<b>Zumba Dance Fitness</b> (Orange Room)			

**Location / Ubicación:**  
Combes Community Center/Orange Room - 21660 Hand Rd, Combes, TX 78535

**In-person class**

**CombesTSSC**

**Raquel Chavez**  
(956) 590-5202