



FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS



San Benito February | Febrero 2024

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:00 A.M.		Pilates San Benito Cultural Arts Center	Zumba & Toning San Benito Cultural Arts Center	Pilates San Benito Cultural Arts Center	Cardio & Toning San Benito Cultural Arts Center	
8:45 A.M.		Body Fitness Iglesia San Ignacio de Loyola	Body Fitness Iglesia San Ignacio de Loyola	Body Fitness Iglesia San Ignacio de Loyola		
9:00 A.M.	Stretch & Tone San Benito Cultural Arts Center	Yoga for Beginners San Benito Cultural Arts Center		Yoga for Beginners San Benito Cultural Arts Center	Stretch & Tone San Benito Cultural Arts Center	
5:30 P.M.	Zumba Community Building	Lift It, Move It, Shake It Community Building	Zumba Community Building	Lift It, Move It, Shake It Community Building		
6:30 P.M.	Yoga Community Building		Yoga Community Building			

Location / Ubicación:
San Benito Community Building - 210 E Heywood St, San Benito, TX 78586
San Benito Cultural Arts Center - 225 E Stenger St, San Benito, TX 78586
Iglesia San Ignacio de Loyola - 24380 US-281, San Benito, TX 78586

In-person class



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