



# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS



### Hidalgo Ptc.4 July | Julio 2024

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
8:00 A.M.	Walking with Resistance Bands Alfonso Flores All Star Park		Walking with Resistance Bands Alfonso Flores All Star Park			
8:30 A.M.	Dance Fitness Endowment Center	Dance Fitness Endowment Center	Dance Fitness Endowment Center	Dance Fitness Endowment Center	Dance Fitness Endowment Center	
10:45 A.M.	Yoga (Endowment Center) 75 mins		Yoga (Endowment Center) 75 mins		Yoga (Endowment Center) 75 mins	
6:00 P.M.	Zumba The Endowment Center Community Room #3	Zumba The Endowment Center Community Room #3	Zumba The Endowment Center Community Room #3	Zumba The Endowment Center Community Room #3		

**Location / Ubicación:**

**Alfonso Flores All Star Park** - 107 Sunflower Rd., Edinburg, TX 78542

**Endowment Center** - 107 N Sunflower Rd, Edinburg, TX 78542

**In-person class**

Pct.4 Endowment Community Resource Center-Dance Classes Group

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