



# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS



### Hidalgo Ptc.4 February | Febrero 2024

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
8:30 A.M.	Dance Fitness (Endowment Center)	Dance Fitness (Endowment Center)	Dance Fitness (Endowment Center)	Dance Fitness (Endowment Center)	Dance Fitness (Endowment Center)	
9:30 A.M.	Yoga (Endowment Center)		Yoga (Endowment Center)			
10:45 A.M.			Dance Pueblo Alegre Day Care (30min)			
11:00 A.M.	Zumba (Alfonso Flores Park All Star)	Zumba (Alfonso Flores Park All Star)	Zumba (Alfonso Flores Park All Star)	Zumba (Alfonso Flores Park All Star)	Zumba (Alfonso Flores Park All Star)	

**Location / Ubicación:**

**Endowment Center** - 107 N Sunflower Rd, Edinburg, TX 78542  
**Pueblo de Palmas Day Care** - 719 N 23rd St, McAllen, TX 78501  
**ARISE Hargill** - 29000 FM 493, Hargill, TX 78549

**In-person class**

Pct.4 Endowment Community Resource Center-Dance Classes Group

**Erica de Parra**  
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