



FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS



Hidalgo Ptc.4 July | Julio 2024

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:00 A.M.	Walking with Resistance Bands Alfonso Flores All Star Park		Walking with Resistance Bands Alfonso Flores All Star Park			
8:30 A.M.	Dance Fitness Endowment Center	Dance Fitness Endowment Center	Dance Fitness Endowment Center	Dance Fitness Endowment Center	Dance Fitness Endowment Center	
10:45 A.M.	Yoga (Endowment Center) 75 mins		Yoga (Endowment Center) 75 mins		Yoga (Endowment Center) 75 mins	
6:00 P.M.	Zumba The Endowment Center Community Room #3	Zumba The Endowment Center Community Room #3	Zumba The Endowment Center Community Room #3	Zumba The Endowment Center Community Room #3		

Location / Ubicación:

Alfonso Flores All Star Park - 107 Sunflower Rd., Edinburg, TX 78542

Endowment Center - 107 N Sunflower Rd, Edinburg, TX 78542

In-person class

Pct.4 Endowment Community Resource Center-Dance Classes Group

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