UTHealth Houston

INFORMED CONSENT TO TAKE PART IN RESEARCH
(Suggested Use: Minimal Risk Research Involving Records Review and Questionnaires)

Study Title:	Complementary Medicine and Hypertension
Study Sponsor:	Association for Good Research
Principal Investigator:	John Smith, MD, Professor, Internal Medicine, UTHealth
Study Contacts:	Jane Doe, R.N., Research Nurse
Contacts:	Jane Doe: 713-500-0000

You are being invited to be in this research study because you have high blood pressure. Please feel free to ask questions at any time. Your participation is voluntary and you can stop at any time without penalty.

We are doing this research study to learn more about the use of complementary medicine and its effect on high blood pressure control. Examples of complementary medicine include yoga, acupuncture, chiropractic care and herbal medicines.

If you agree to participate in this study:
- We will collect information from your medical records. We will only collect information about your blood pressure including the medications you take, and, information about you including age, sex, race and ethnicity.
- We will ask you to fill out a questionnaire about your use of complementary medicine. It will take about 15 minutes to answer the questions. You do not have to answer any questions that you do not wish to answer.

We will only keep information that could identify you long enough to match your responses with your medical records. We do not plan to share this information with anyone who is not connected to this research study.

We will take steps to protect you confidentiality, but there is a small risk that your information could be accidentally disclosed to people not connected to the research.

If you have any questions about the study, you can reach the investigator at the following number: xxx-xxx-xxxx

If you have any questions about your participation in this research, you can call the Institutional Review Board (IRB) at xxx-xxx-xxxx. The IRB is a committee that has reviewed and approved this research study (HSC-XX-XX-XXXX).